



# Athlete Promotion

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## CONTENTS

### [1. Purpose](#)

### [2. Policy](#)

#### [2.1. Assessment factors](#)

#### [2.2. Additional information](#)

#### [2.3. Timing](#)

#### [2.4. Authority](#)

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## 1. Purpose

The purpose of the Carlile Swimming *Competitive Programs Athlete Promotion Policy* is to outline and guide the process through which athletes squad membership is determined, and athletes are promoted through the Carlile Swimming squad pathway.

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## 2. Policy

### 2.1. Assessment factors

- a. The following attributes and demographics will be utilised by the coaching staff to determine the most appropriate squad membership for each athlete:

#### Developmental Factors

- How old is the athlete?
- What is the athletes' training history?
- Does the athlete attend training at the required frequency?
- Does the athlete take on coach feedback and make positive changes?
- Does the athlete pay attention and try their best at training?

- Will the athlete meet the required technical, skill, psychological and physical requirements of the next squad level?
- Does the athlete participate in squad activities such as camps, targeted competitions, educational seminars and social activities?

#### Competitive Factors

- Is the athlete a member of the appropriate club?
- Does the athlete compete regularly?
- Does the athlete compete at age and ability appropriate competition?
- To what level has the athlete competed?

#### Environmental Factors

- The athlete and their family embrace and support the culture and values we are trying to promote within the program.
- The athlete and family participate in squad and club activities
- The family accepts the role of the coach, and they are accepting of the decisions made by the coaches' on their swimmer(s).
- The parents create a supportive environment away from the pressures of swimming.
- The family adheres to Carlile Swimming and Carlile Swimming Team policies, including payment policies, at all times.
- The family is involved and assists the program by volunteering at meets, training as a technical official or sitting on a committee.

## 2.2. Additional information

- a. In addition to the attributes stated above, the coach(s) may administer a range of tests which reflect training pace and content of the training group to ascertain readiness for promotion from time to time. This will include the ability of the athlete to maintain their technique under fatigue and pressure.
- b. The number of swimmers promoted and the timing of promotions may be influenced by the availability of spots within the squad above

## 2.3. Timing

- a. The timing of promotion of athletes between squads will be determined by the coach(s) in conjunction with the Competitive Programs Manager. This will take into account training phases, competition calendars and athlete progression.
- b. This timing may vary from year to year.

## 2.4. Authority

- a. For the purposes of athlete promotion, the Competitive Programs Manager decision is final.

- b. Carlile Swimming retains the right to amend and/or vary the promotion policy from time to time on an individual or as needed basis at the discretion of the Competitive Programs Manager.

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