

## 2019 Annual Report

In our third year of operation the Carlile Swimming Team has made further progress against its aim of providing our swimmers with Australia's leading environment for optimal participation, development and support.

Thank you to the Forbes and Ursula Carlile Foundation and the Foundation Directors for their continued belief and commitment to the Carlile Swimming Team. As the major funding entity of the Carlile Swimming Team we are grateful for the Foundation's unique support and generous assistance to help Carlile swimmers train and compete at Area, State, National and International levels.

Our goal with the establishment of the Carlile Swimming Team, as it was Forbes and Ursula's, was always to maintain a healthy network of Heritage Clubs working in collaboration with the Carlile Swimming Team. The Heritage Clubs complement the Carlile Swimming Team by providing a local entity to belong to, a social platform for healthy swimmer interaction, and a manageable forum for parent connection. A special thank you to all members of the Heritage Clubs for their support, assistance and commitment to fostering a positive environment for our swimmers' participation.

The 2019 year also saw the continued implementation of the Carlile Swimming Team Education and Support Program – including educational activities for parents and supporters, swimmers and coaches encompassing the Carlile Swimming Team Values, Sport Psychology, Rehab, Injury Management and Recovery, Maturation and Growth, and the Carlile pathway.

Throughout the 2018/2019 period we implemented the Testing and Screening program along with the use of the Smartabase software platform to capture and report on the individual progress, work-ons and baseline results.

In January 2019 our squads took part in combined training camps at the Australian Institute of Sport and Thredbo. The camps were a great success, resulting in high quality training and the creation of a great team atmosphere. The camps along with regular combined training activities throughout the year will continue to be a focus to connect our training sites and encourage a supportive and positive team atmosphere amongst swimmers and staff ahead of our targeted meets in the 2019/20 Summer Season.

The membership of the Carlile Swimming Team was consistent through the period with a total membership of 327 members, made up of 229 swimming members, 94 non-swimming members and four Life Members. The 2018/19 membership period also saw the introduction of the new SwimCentral, whole of sport membership and administration platform developed by Swimming Australia and Swimming New South Wales.

Thank you to our tremendous coaching staff for the strength of their drive, passion and skill in working with our swimmers as they strive to reach their goals and follow their dreams.

Thank you also to the parents, friends and supporters of our members. Your support and assistance allows our swimmers to train, compete and enjoy our sport and your help is very much appreciated.

Finally, we are most grateful to Sophie Taylor and Matt Adair for their dedication to the Carlile team. You have both been faced with unexpected and difficult challenges this year, and you have gone 'above and beyond' in responding to them while maintaining a positive outlook and an unwavering commitment to Carlile. Thank you for all that you do, and for the manner in which you do it.

Through the summer 2018/19 season there have been some outstanding team performances, as represented below:

- 1<sup>st</sup> place 2018 NSW State Open Water Championships
- 1<sup>st</sup> place 2018/19 NSW Senior Metropolitan Championships
- 1<sup>st</sup> place 2018/19 NSW Senior State Championships
- 2<sup>nd</sup> place 2018/19 NSW Premier Club Point score banner
- 9<sup>th</sup> place 2019 National Age Championships

We congratulate the following swimmers and staff selected on State and National teams/squads:

**SAL Junior World Championships – Budapest, Hungary**

Se-Bom Lee

**SNSW US Nationals Tour – San Francisco, United States**

Edward Marks, Gina Sacilotto (Sport Scientist)

**SNSW Gold Performance Squad**

Se-Bom Lee

**SNSW Silver Performance Squad**

Edward Marks, Sarah Kemp, Finn O'Connor, Cara Sutherland

**SNSW Bronze Performance Squad**

Jeremy Lagonilla, Mia Rolfe, Lexi Harrison

**SNSW Sharks Gold Squad**

Robert Thorpe, Cooper Phillips

**SNSW Sharks Silver Squad**

Alexandra Lawrence, Kaitlin Teleki, Cooper Eakin, Robert Napoli, Anneke Van Zoggel

Best wishes to all as we move into our fourth year!

Tim Ford

**On behalf of the Carlile Foundation Board**